Offen one has a functor F which one expects to be an equivalence, but without a natural pseudo-inverse. In this case, the following criterion is useful:

essentially surjective and fully faithful.

Hence: F:(-D is an equivalence (=> its fully faithful and indicer a Sijection between the isomorphism dasses of C and D

Ex: Fin Set
$$\subseteq$$
 Set full subcet. of fin. set
 $C : OS(C) = Z^{20}$
 $h_{1}m_{20} - Hom(n_{1}m) = Hom_{set}(II_{1-1}n), II_{1-1}n^{2}$

More generally: (cot. SEOS(C) S.I. HEECTE'ESTECT MC I FULL SUScat of C with ob(C)=S mc'-C is an eq.

By construction of G, dtadd gives a nat transf d: FL-nidn Still need B: GF= idc: For CEC, since Fis fully faithful, J! BC: GFC St. FBC = XFC : FLFC = FC For cfc', need LFC TC GFT TT GFC Bri to commute: Its image under F commutes since & is had transf, and hence by faithfulness of F so does this diagram.